



ACTIVITY CALENDAR

MAY 2023: OLDER ADULT CENTER @ SAINT PETER'S CHURCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
* CLOSED 5/29 *	9:00-11:00 Book Exchange & Discussion Living Room	9:00-11:00 Book Exchange & Discussion Living Room	9:00-11:00 Book Exchange & Discussion Living Room	9:00-11:00 Book Exchange & Discussion Living Room
9:00-11:00 (NO CLASS 5/29) Book Exchange & Discussion Living Room	10:30-11:30 Memory & Strategy Puzzles Living Room	9:30-11:00 Tech Office Hours with Johnny Living Room	9:30-11:00 Tech Office Hours with Jake Living Room	**MAY 5, 10:00-10:45 Trips Sign-Up Desk Front Desk
10:30-11:15 (NO CLASS 5/8, 5/15, 5/29) "What's On Your Mind?" with Ariana Plaza Room	10:30-11:30 Watercolor with Musah Living Room	10:00-12:00 & 2:00-4:00 Social Services Walk-in Hours Saint Peter's Staff Office **On 5/3 only: Wellness Day! Talk to our Social Services team about mental wellness resources.	10:30-11:15 (NO CLASS 5/18, 5/25) Basic Exercise with Miki Living Room	10:00-11:00 (NO CLASS 5/12) Vocal Coaching for The Music Man SR Plaza Room
**MAY 8, 11:00-12:00 Art Talk with Lara Knutson Living Room Art historian Lara Knutson will cover a brief history of art and design, the differences between them, and how they are interrelated.	1:30-2:30 (NEW, STARTS 5/9) Afro Latin Jazz Alliance Jazz Workshop Living Room	10:30-11:30 Chair Yoga with Judy Living Room	1:00-2:00 Music & Art Living Room	10:15-11:00 (NEW; STARTS 5/12) SAIL Fitness with Brandon Living Room
1:00-1:45 (NEW, STARTS 5/8) Body Toning with Tobi Living Room	1:30-3:30 (NEW TIME & LOCATION) Joyce's Theater Troupe Plaza Room *Preregistration required	**MAY 10 & 24, 1:30-2:00 Sing for Hope Meet & Greet Living Room	2:00-3:00 Art & Song Request Living Room	11:00-11:45 (NO CLASS 5/5) Chair Yoga with Brandon Living Room
1:00-3:00 (NO CLASS 5/29) Collaborative Brain Exercises Living Room	**MAY 9, 2:30-3:30 Benefits Team Info Session Living Room	**MAY 10 & 24, 2:00-3:00 Sing for Hope Jazz Trio Living Room	2:00-3:15 (ENDS 5/18) Singin' Seniors Plaza Room	1:00-2:15 Explore Tech Lecture Series with OATS Living Room
**MAY 8, 2:00-3:00 Sing for Your Seniors In-Person Concerts Living Room	2:45-3:45 (NEW TIME, NO CLASS 5/9) Karaoke Fun Living Room	2:15-3:00 (NO CLASS 5/31) Art Appreciation Plaza Room	**MAY 19, 2:00-3:15 Singin' Seniors Recital Living Room	2:30-3:30 Tech Office Hours with OATS Plaza Room
**MAY 22, 2:00-3:00 Exploring Musical Genres Living Room		3:00-4:00 (NO CLASS 5/31) Drawing & Illustration: Creatures & Animals Plaza Room		
**MAY 22, 3:00-3:45 Vocal Ease Performance Living Room Vocal Ease brings the joy of live performance to you, so it can be enjoyed in a welcoming and intimate setting.				

THE OAC @ SAINT PETER'S CHURCH

Monday-Friday, 9 a.m. - 4 p.m.
619 Lexington Ave, at 54th St
(Entrance on East 54th St)

For general information about the OAC @ Saint Peter's Church, please call **646-306-4492**.

** indicates special event

CLOSURES: Saint Peter's is closed on Monday, May 29 for Memorial Day.

MEALS

Congregate Lunch
Monday-Friday, 12:00 - 12:30 p.m.
Check in starts at 9:15 a.m.

SOCIAL SERVICES

Walk-in Social Services appointments are now available on Wednesdays. Or, to schedule an appointment, please call **212-218-0569** and leave your name, phone number and a brief message, and a member of the team will call you back. For the full list of Social Services programs, pick up a Social Services calendar.

TECH ED

Spring Tech Classes began the week of April 17. Contact the Adult Ed team to inquire about drop-in classes and the waitlist. For details, pick up brochures about our Tech Ed classes at the Front Desk. For ongoing help, visit Tech Office Hours or call to schedule a 1-on-1 Tech Help session. **Contact 212-218-0477 or adulted@lenoxhill.org with questions or to sign up for tech help.**

TRIPS

From the Center:

Sat, 5/6, 11:30-2: Noguchi Museum in Queens (guided tour)

Tues, 5/9, 11-2: Explore Arthur Avenue's Stores & Restaurants

Fri, 5/12, 11-2:30: Brighton Beach

Tues, 5/23, 11-1:30: Target-Costco at 517 E. 117th St.

Thurs, 5/25, 12:30-3:30: Central Park Zoo

From Saint Peter's:

Fri, 5/5, 11:30-1:30: East Village Rock Tour B: Beyond Iconic Photos

Thurs, 5/11, 11-1:30: Aron's Kissena Farms in Queens

Tues, 5/16, 1:30-4: Met Escapes - Spring!

Wed, 5/17, 11-1:30: Titan Foods in Astoria

Fri, 5/19, 11-2:30: Brighton Beach



ACTIVITY CALENDAR MAY 2023: REMOTE

MONDAY

1:00-2:00 (NO CLASS 5/29)
Virtual Still Life

2:15-3:00 (NO CLASS 5/15, 5/22, 5/29)
Zumba with Miki

3:45-5:45 (5/1, 5/15 ONLY)
Opera Appreciation (Hybrid)
See class emails for connection info

TUESDAY

10:00-11:00
Chinese Language and Culture for Beginners

11:00-12:00 (NO CLASS 5/9)
"What's on Your Mind?" with Ariana

11:00-12:00
Today in Tech Workshop Series
*Inquire about the waitlist at 212-218-0477 or
adulted@lenoxhill.org

1:00-2:00
Creating Portraits with Musah

WEDNESDAY

12:15-1:00 (NEW INSTRUCTOR &
ZOOM LINK)
SAIL Fitness with Brandon (Hybrid)

2:15-3:00 (NO CLASS 5/17, 5/24)
Basic Exercise with Miki

3:45-5:45 (5/3, 5/17, 5/31 ONLY)
Opera Appreciation
See class emails for connection info

THURSDAY

10:30-11:45
We All Have Stories to Tell: Write Your Heart Out

1:15-2:00 (NO CLASS 5/18, 5/25)
Basic Exercise (Hybrid)

2:15-3:00 (NO CLASS 5/18, 5/25)
Zumba (Hybrid)

FRIDAY

10:00-11:00
Intermediate French with Dean
*Preregistration closed

10:30-11:30 (NEW INSTRUCTOR)
Comedic Improv Online

11:00-12:00
iPhone/iPad Skills
*Inquire about the waitlist at 212-218-0477 or
adulted@lenoxhill.org

3:30-4:30 (NO CLASS 5/5, 5/12)
Script Analysis

Please Note: To join any Zoom class by phone, call **646-558-8656** and enter the Meeting ID.