



ACTIVITY CALENDAR

APRIL 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

SUNDAY

MONDAY

TUESDAY

CENTER INFO

For class changes, cancellations, or next day menu, call **212-218-0319** after 6 p.m. For class descriptions, ask a staff member or volunteer at the Front Desk to view the class descriptions catalog.

CLOSURES:

The Center @ Lenox Hill Neighborhood House will be closed on April 2.

HOURS

Mon-Fri, 8 a.m. - 6 p.m.
Sat-Sun, 8 a.m. - 3 p.m.

MEALS

Breakfast:
Daily, 8:15 - 9 a.m.

Lunch:
Daily, 11:30 - 12:30 p.m.

Dinner:
Mon-Fri sit-down,
4:30 - 5:30 p.m.
Sat-Sun Grab & Go,
1:30 - 2:30 p.m.

12:45-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

**** 1:00-2:00 ****
Sundays @ 1 Performance Series
331 - Auditorium
4/7 Piano and Violin with Laliv
4/14 Sing for Hope
4/21 Classical Music and Singalong with Zerxe
4/28 Julliard's Blue Moon Group

1:45-2:45
Connecting with our Neighbors
Dining Room

1:45-2:45 (NEW CLASS STARTS 4/7)
Theme-based Discussion
Sun Room

SOCIAL SERVICES

Walk-in Social Services appointments are available Mondays 1:00 p.m. - 3:00 p.m. and Wednesdays 9:00 a.m. - 12:00 p.m. at the Center.

To schedule an appointment, please call **212-218-0569** and leave your name, phone number and a brief message, and a member of the team will call you back. For the full list of Social Services programming, pick up a Social Services calendar at the Center.

TRIPS

From The Center:

Wednesday, 4/10, 12-2:30: Guided Farmers Market Tour w/Grow NYC

Thursday, 4/11, 1-4: Chinatown

Tuesday, 4/16, 12:30-3: Guided Tour and Art Activity at The China Institute

Thursday, 4/18, 1-4: Costco

Monday, 4/29, 1-4: New World Mall

Sign up for trips from the Center on Monday, April 1 at 10:30 a.m. in the Dining Room

From Saint Peter's:

Monday, 4/8, 11-2: Lidl and Little Senegal in Harlem

Monday, 4/15, 11-2: Costco

Wednesday, 4/17, 11-2: Mediterranean Foods in Astoria

Thursday, 4/18, 11-2: South Street Seaport Museum

Tuesday, 4/30, 11-2: The Met Cloisters

Sign up for trips from Saint Peter's Friday, April 5 at 11:00 a.m.

TECH ED

Spring Technology Classes will begin the week of April 15th. New and returning classes include All About AI, Computer Basics, Android for Beginners, Science Through Technology, Useful NYC Apps and more.

Registration begins April 3rd at 9am via phone or email only. Please pick up a Tech Ed Catalog at the Center or contact **212-218-0477** or **teched@lenoxhill.org** for details or to register for classes on April 3rd.

For ongoing help, visit Open Computer Lab, Tech Office Hours, or contact **212-218-0477** or **teched@lenoxhill.org** to schedule a 1-on-1 Tech Help session.

8:45-9:30
English Communication Skills
Garden Room

9:30-11:00
Beginner English for Chinese Speakers
Sun Room

9:30-11:00
Tech Office Hours with Johnny
Dining Room

10:00-11:00 (NO CLASS 4/15)
Collage
Art Room

**** APRIL 1, 10:30-11:15 ****
April Trip Sign Ups
Dining Room

**** APRIL 8, 10:45-11:30 ****
Monthly General Membership Meeting
Garden Room

11:00-12:00 (NO CLASS 4/15)
Open Art Studio
Art Room

12:00-1:00
Energetic Healing Gatherings
Join to receive energy that will help participants release what we don't need and assist our bodies in healing. Healing Starts at 12:00 pm. Please be ON TIME!
331 - Gym

1:00-2:00
Comedic Improv
331 - Auditorium

1:00-2:00
Connecting with our Neighbors
Dining Room

1:00-1:45
Tech: Android for Beginners
331- first Floor, Room B

1:00-2:00
Basic Salsa Dancing for Beginners
Sun Room

**** APRIL 8, 1:00-2:00 ****
Emergency Training by Citizen Preparedness Corps
Garden Room

1:15-3:15 (4/1, 4/15, 4/29 ONLY)
Opera Appreciation (Hybrid)
Garden Room

2:00-2:45 (NO CLASS 4/15, 4/29)
Improv to Script: Improv
331 - Auditorium

2:00-4:00
Ping Pong
Sun Room

2:15 - 3:15 (NO CLASS 4/15)
Steal like an Artist: Learning Through Master Studies
331 - 4th Floor, Art Room

2:30-4:00 (NEW WORKSHOP 4/15, 4/29 ONLY)
Tech: All About AI
331 - 1st Floor, Room B

2:45-4:00 (NO CLASS 4/15, 4/29)
Improv to Script: Editing/ Reading
331 - 4th Floor, Room D

3:15-4:30 (4/1, 4/8 ONLY)
Open Computer Lab
331 - 1st Floor, Room B

3:30-4:15 (NEW CLASS STARTS 4/1)
Theme-based Discussion
Dining Room

CLOSED 4/2

8:45-9:30 (NO CLASS 4/2)
English Communication Skills
Garden Room

9:15-10:30 (NO CLASS 4/2)
Advanced Beginner German
Sun Room

10:00-11:00
Morning Sketching
331 - 4th Floor, Art Room

10:30-11:30 (NO CLASS 4/2)
Rack Your Brain with Bev
Sun Room

10:30-11:30 (NEW CLASS STARTS 4/9)
Memoir of a 2G: Discussion Group with Author Patricia C. Bischof
331- 4th Floor, Room D

11:00-12:00 (NEW CLASS STARTS 4/16)
Tech: Science Through Technology
331 - 1st Floor, Room B

11:30-12:30 (NO CLASS 4/2)
Beginner Ballet with Hannah
331 - Auditorium

12:30-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

1:00-2:00 (NO CLASS 4/2)
Connecting with our Neighbors
Dining Room

1:00-2:00
Movement Speaks
331-4th Floor Room D

1:00-2:00 (NO CLASS 4/2, 4/16)
Music Appreciation with Michelle
Sun Room

1:30-3:00 (4/2 ONLY)
Tech: Intro to Coding
331 - 1st Floor, Room B

1:30-3:00 (NEW CLASS STARTS 4/16)
Tech: Computer Basics
331 - 1st Floor, Room B

2:00-4:00 (NO CLASS 4/2, 4/23)
Sound Off with Anton Mallner
Sun Room

2:30-3:15 (NO CLASS 4/2, 4/16)
Beginning Piano Class with Michelle
Garden Room

2:45-4:30 (NO CLASS 4/16)
Advanced Acting Monologues
Register via kevans@lenoxhill.org
331- 4th Floor Room A

3:00-4:00
Free Art
331-Art Room

3:00-4:30 (NEW CLASS STARTS 4/16)
Tech: Beyond Basics
331- 1st Floor, Room B

3:30-4:15 ((NEW CLASS STARTS 4/9)
Theme-based Discussion
Dining Room

ACTIVITY CALENDAR APRIL 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

8:30-9:15
English Communication Skills
Garden Room

9:30-10:30
Tai Chi with Fans + Qigong (in Chinese)
Garden Room

10:30-11:30 (NO CLASS 4/24)
English Skills for Memory and Well-being with Lark (Chinese-English)
Garden Room

10:45-12:00 (NO CLASS 4/10, 4/17)
Intermediate Spanish with Christine
Preregistration Closed -4th Floor Room B

12:30-1:30 (NEW CLASS STARTS 4/3)
Chat and Chew
Discussion over tea and cookies about human wisdom from various cultures. Led by experienced professor of English.
Garden Room

1:00 - 2:00 (NO CLASS 4/10, 4/17)
Karaoke with Michelle
Sun Room

1:00 - 2:00
Connecting with Our Neighbors
Dining Room

1:00 - 2:00 (4/10, 4/24 ONLY)
How to Manage Your Vision Change
331 - 1st Floor, Room A

1:00 - 2:00
Ceramic Jewelry with Syma Session 1
331 - Art Room

1:15 - 2:00
Intermediate Ballet Barre with Hannah
331 - Gym

2:00 - 2:45
Ballet Combinations
331 - Gym

2:00 - 3:00
Chess Club with Robert
Dining Room

2:00 - 3:00 (NO CLASS 4/3, 4/10)
English Language Partners
331 - 1st Floor, Room A

2:00 - 3:30
Ceramic Jewelry with Syma Session 2
331 - Art Room

2:00 - 3:45
Movie Matinee
4/3: Bend it like Beckham (2002)
4/10: Belle (2013)
4/17: The Wrestler (2008)
4/24: Takers (2010)
Sun Room

2:30-3:15 (NO CLASS 4/10, 4/17)
Beginning Piano with Michelle
Preregistration Closed
Garden Room

2:30-4:30 (NO CLASS 4/17)
Advanced Acting Scenework
Pre-registration required email kevan@lenoxhill.org 331 - 4th Floor, Room D

3:15 - 4:30
Open Computer Lab
331 - 1st Floor Room B

3:30-4:15 (NO CLASS 4/10, 4/17)
Music Theory with Michelle
Preregistration Closed
Garden Room

3:30-4:15 (NEW CLASS STARTS 4/3)
Theme-based Discussion
Dining Room

**** APRIL 17, 5:00-5:45****
Performance by the Spence School Musical Theater Cabaret Club
Dining Room

8:45-9:30
English Communication Skills
Garden Room

9:15-11:00
Ping Pong
Sun Room

9:30-11:00
Chinese Folk Dance (in Chinese)
331 - Auditorium

10:00-11:00
Mandarin for Beginners
331 - 4th Floor, Art Room

10:30-11:45
Write Your Heart Out (Hybrid)
Zoom Meeting ID: 831 8202 5884
331 - 4th Floor, Room B

10:30-11:30 (NO CLASS 4/18)
Acting Discussion (Hybrid)
Zoom info via KEvans@lenoxhill.org
331 - 4th Floor, Room A

10:30-12:00 (NEW CLASS STARTS 4/18)
Tech: Learn about the Cloud
331 - 1st Floor, Room B

11:30-12:30
Beginner Tap
331 - Auditorium

12:15-1:00
Let's Sing Again with Monsieur Jacques
Sun Room

**** APRIL 25, 12:45-1:00 ****
Monthly Birthday Celebration
Celebrate this month's birthdays with cake and music @Dining Room

**** APRIL 11, 1:00-2:00 ****
Hospital for Special Surgery Lecutue Series Part 2: Managing Chronic Pain

1:00-1:45
Beginner Acting
Garden Room

1:00-1:45 (NEW CLASS)
Cross-Cultural Communication Discussions with Lynn and Lark
Sun Room

1:00-2:00 (ENDS 4/4)
Laughing Matters
Discussing stories by renowned humorists and their works
331- 4th Floor, Room B

1:00-2:00
Connecting with our Neighbors
Dining Room

1:00-2:00 (NO CLASS 4/11)
Beginner French 2 with Dean
*Preregistration at Center Front Desk
331 - 1st Floor, Room A

**** APRIL 18, 1:00-2:00****
NYU Swallow Lab Information Session
331-4th Floor Room A

**** APRIL 4, 1:00-2:15****
Dances for Seniors Performance & Workshop
331- Auditorium

1:30-3:00 (STARTS 4/16)
Tech: Computer Basics
331 - 1st Floor, Room B

2:00-2:45 (NO CLASS 4/4, 4/25)
Intermediate Tap with Hannah
331- Auditorium

2:00-2:45 (NO CLASS 4/4,4/18)
Open Art Studio Session 1
331- Art Room

2:45-3:30 (NO CLASS 4/4, 4/18)
Open Art Studio Session 2
331 - 4th Floor, Art Room

2:45-3:30 (NO CLASS 4/4, 4/25)
Intermediate Tap Combinations
331 - Auditorium

3:00 - 4:00 (NO CLASS 4/11)
Intermediate Piano Class
331 - 4th Floor, Art Room

3:00-4:30 (STARTS 4/16)
Tech: Beyond Basics
331 - 1st Floor, Room B

3:15-4:15 (NO CLASS 4/18)
Writing for Performance (Hybrid)
331 - 4th Floor, Room A

3:15 - 4:15
Groovin' with Clovis
Dining Room

3:30-4:15
Theme based Discussion
Dining Room

8:45-9:30
English Communication Skills
Garden Room

9:30-11:00 (NO CLASS 4/5)
Tech Office Hours with Jake
Dining Room

9:30-10:30
Vocal Training (in Chinese)
331 - Auditorium

10:00-11:00
Mixed Media Studio
331 - 4th Floor, Art Room

10:30-11:30
Chorus Practice (in Chinese)
331 - Auditorium

10:30-11:30
Comedic Improv Online (Hybrid)
For Meeting ID and passcode please email Kerri at KEvans@lenoxhill.org
331 - 4th Floor, Room A

10:30-11:30 (STARTS 4/5)
Write A Letter to Anyone: Dead or Alive
331 - 4th Floor, Room B

11:00-12:00
Open Art Studio
331 - 4th Floor, Art Room

12:00-12:45 (No CLASS 4/12)
Lunch Music
Garden Room

12:00-1:30 (ENDS ON 4/5)
Exercise with Occupational Therapy Student Mark Torres
331 - Gym

12:30-2:30
Road to Runway: Fashion
331 - 4th Floor, Room A

1:00-1:45 (NO CLASS 4/26)
Simonson Technique
331 - 4D

**** APRIL 12, 1:00-1:45 ****
Class and Programming Suggestion Session with Lark and Sara
Share your suggestions for current and new classes and learn how to become a volunteer
Sun Room

1:00-2:00
Creative Wellness through Arts
Garden Room

1:00-2:00
Connecting with our Neighbors
Dining Room

1:45-2:30 (NO CLASS 4/26)
Simonson Combinations
331 - 4D

2:15-3:30
Knitting Group W Ellen and Jianxia
Garden Room

2:30-4:30
Learn to Play Bridge
331-4th Floor Room A

3:15-4:15
Groovin' with Clovis
Sun Room

3:15-4:30
Open Computer Lab
331 - 1st Floor, Room B

3:30-4:15
Theme-based Discussion
Dining Room

9:30-11:00
Building Bridges Between Cultures (Conversation for English learners)
331-4th Floor Room C

**** APRIL 13, 9:45-11:15 ****
Gramercy Street Band Performance
Garden Room

10:00-10:45 (4/6 ONLY)
Monthly New Member Orientation
-Member Rights and Center Policies
-Meet the Staff
-Programming Overview
-Social Services Overview
Meet at Center Dining Room

10:00-11:30
Belly Dancing Performance Workshop
331- Auditorium

10:00-11:30 (NO CLASS 4/6, 4/13)
Clayworks: Creating Sculpture
331 - 4th Floor, Art Room

12:45-1:45
Body Awareness/Learning Balance
331 - Auditorium

12:45-2:45
Learn to Play Bridge
331 - 4th Floor, Room A

12:45-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

12:45-2:45
Karaoke Singalong (in Chinese)
331 - 4th Floor, Room D

1:00-2:00
Connecting with our Neighbors
Dining Room

1:45-2:30
Theme -based Discussion
Sun Room

1:45-2:45
Tai Chi Practice - 37 Yang Style
331 - Gym